

Understanding and Managing Notifications

Swadhin Pradhan¹, Lili Qiu¹, Abhinav Parate², and Kyu-Han Kim³.

¹UT Austin

²Lumme Inc.

³Hewlett-Packard Laboratories

Problem with notifications



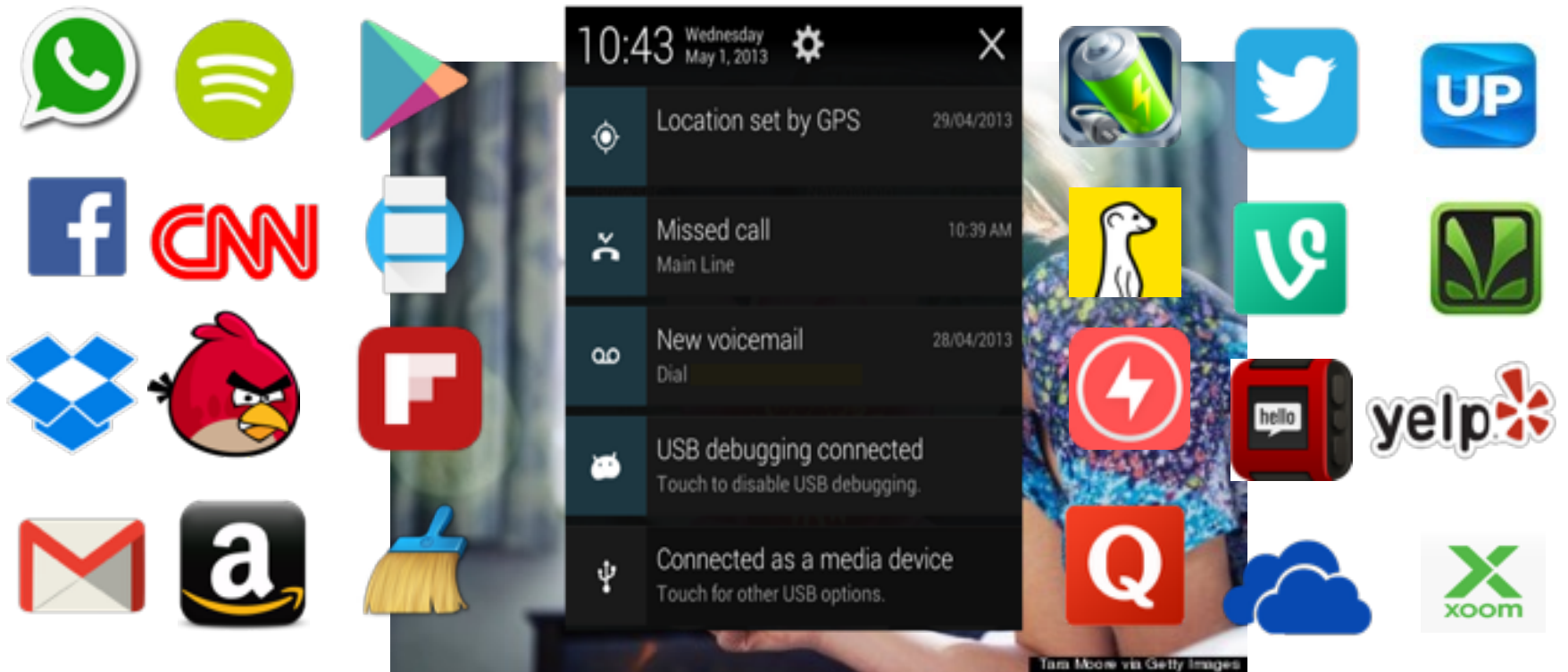
Problem with notifications



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- Too many
 - Overwhelming
 - Information overload



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Problem with notifications

- Too many
 - Overwhelming
 - Information overload
- Interrupting at inopportune moments
 - Disrupting tasks
 - Interfering lifestyle
- Demanding high responsiveness
 - High attention demand .. (Stress)



How to schedule notifications ?

- Scheduling *important notifications* at *opportune moments*

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Importance

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Interruptibility

How to schedule notifications ?

- Scheduling important notifications at opportune moments

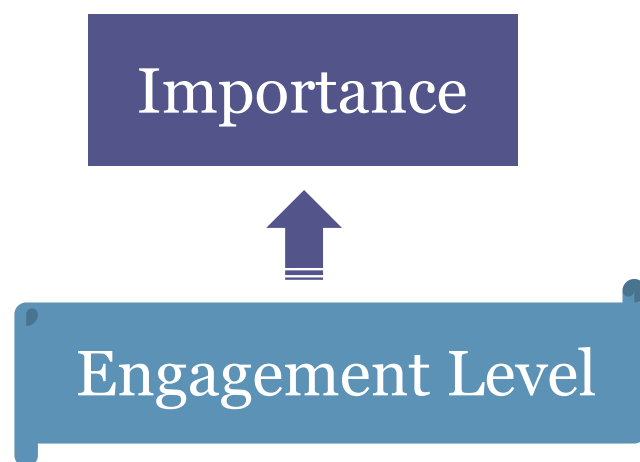
Importance

Interactivity

CHI '03
TOCHI '05
CHI '10
TOCHI '13
UBICOMP '14
...

How to schedule notifications ?

- Scheduling important notifications at opportune moments



- App Launch
- Reading
- Dismissing
- Ignoring
- *Context* ...

Remaining Outline

- Datasets
- Insights gained from the data
- Assessing notification importance
- Building a notification manager
- Conclusion

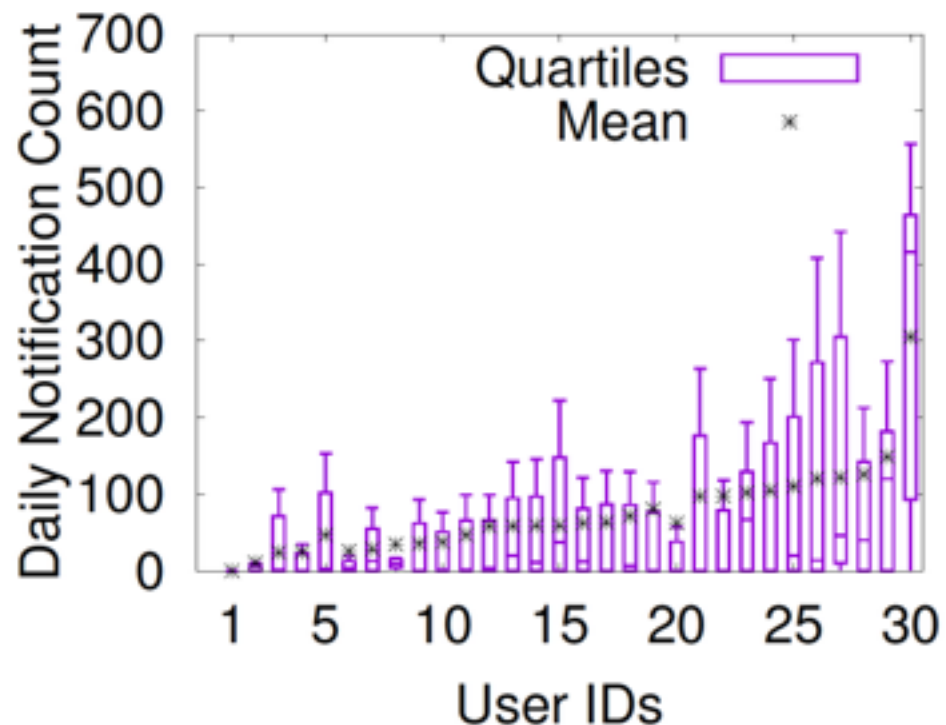
Evaluation datasets

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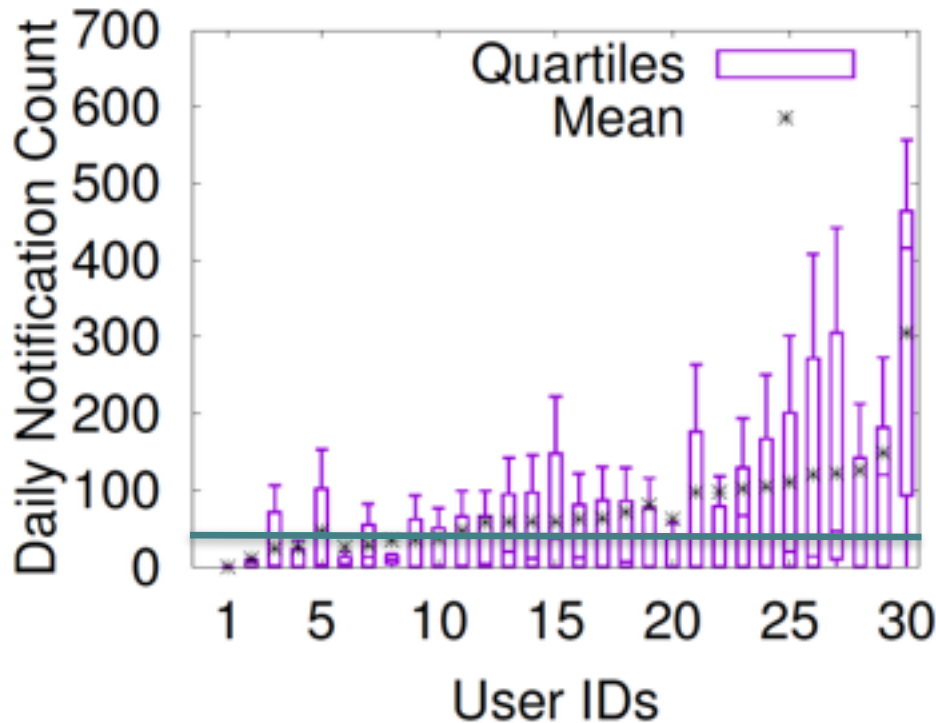
- **Data Set – I** (*Notifbase App*)
 - **40** users recruited (30 users data > 2 weeks)
 - App usage, Screen on/off, Wi-Fi status, ringer mode, sound level, notification properties, shade opening, notification action etc.
 - Android Accessibility service used
- **Data Set – II** (*Snotify App*)
 - **12** users recruited from the above set
 - **Explicit feedbacks** from users for perceived importance (Online survey of **402** users)

Notifications are disrupting

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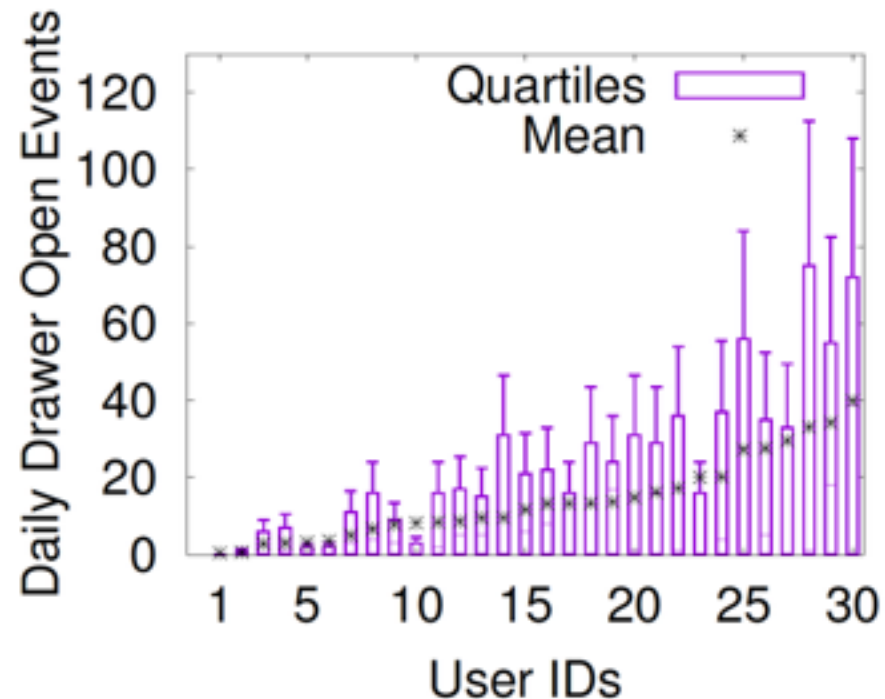
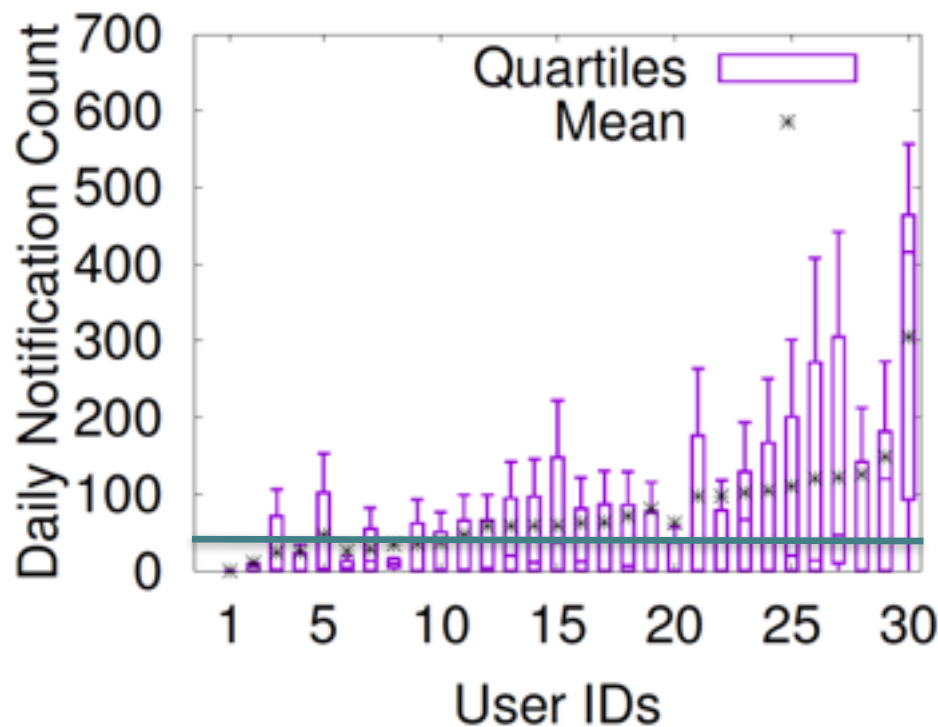


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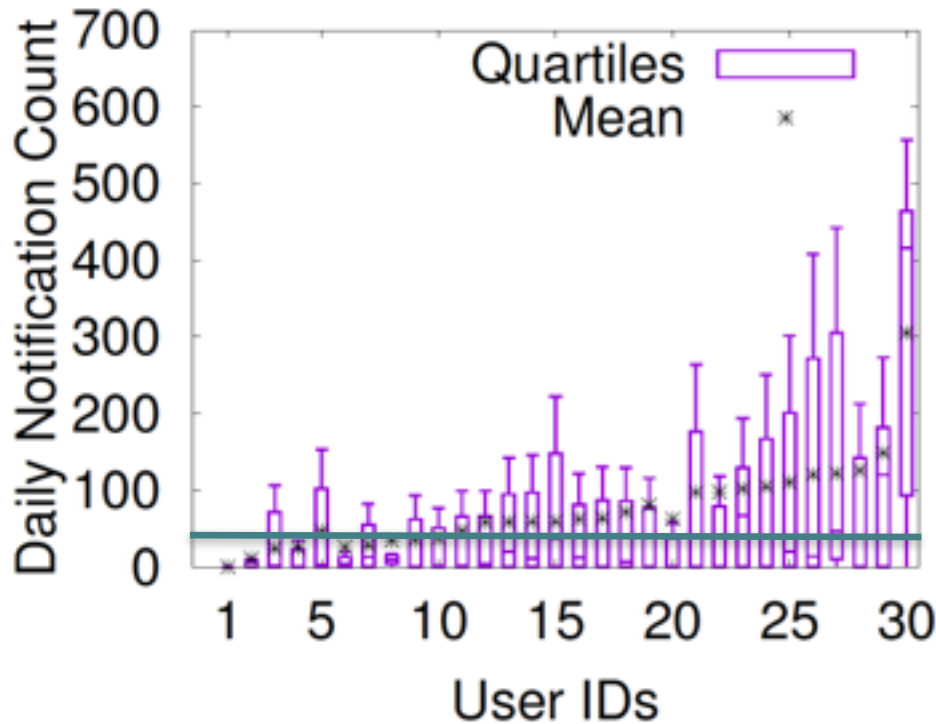
Receives **~60 notifications/day**

Notifications are disrupting

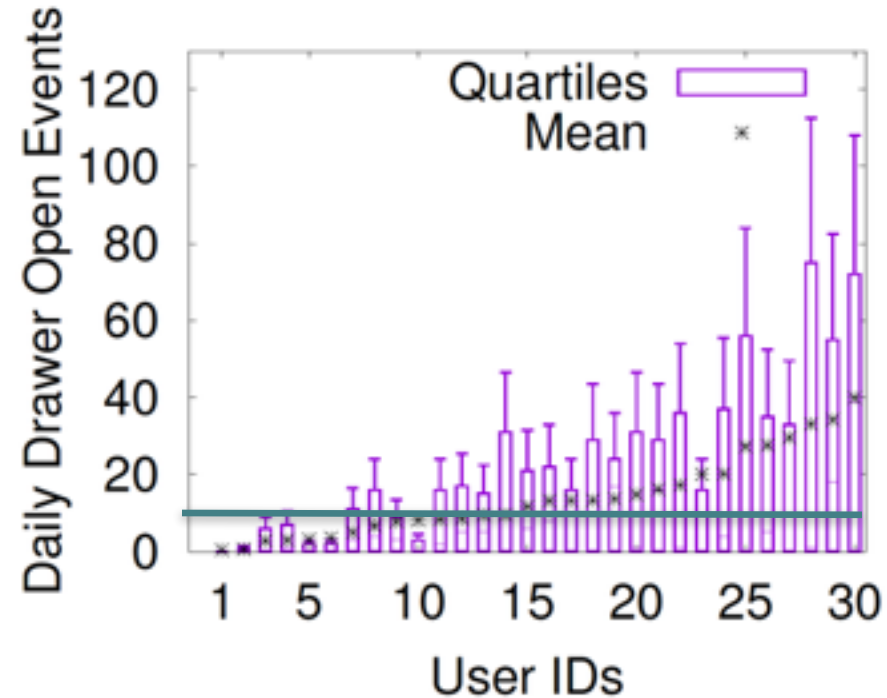


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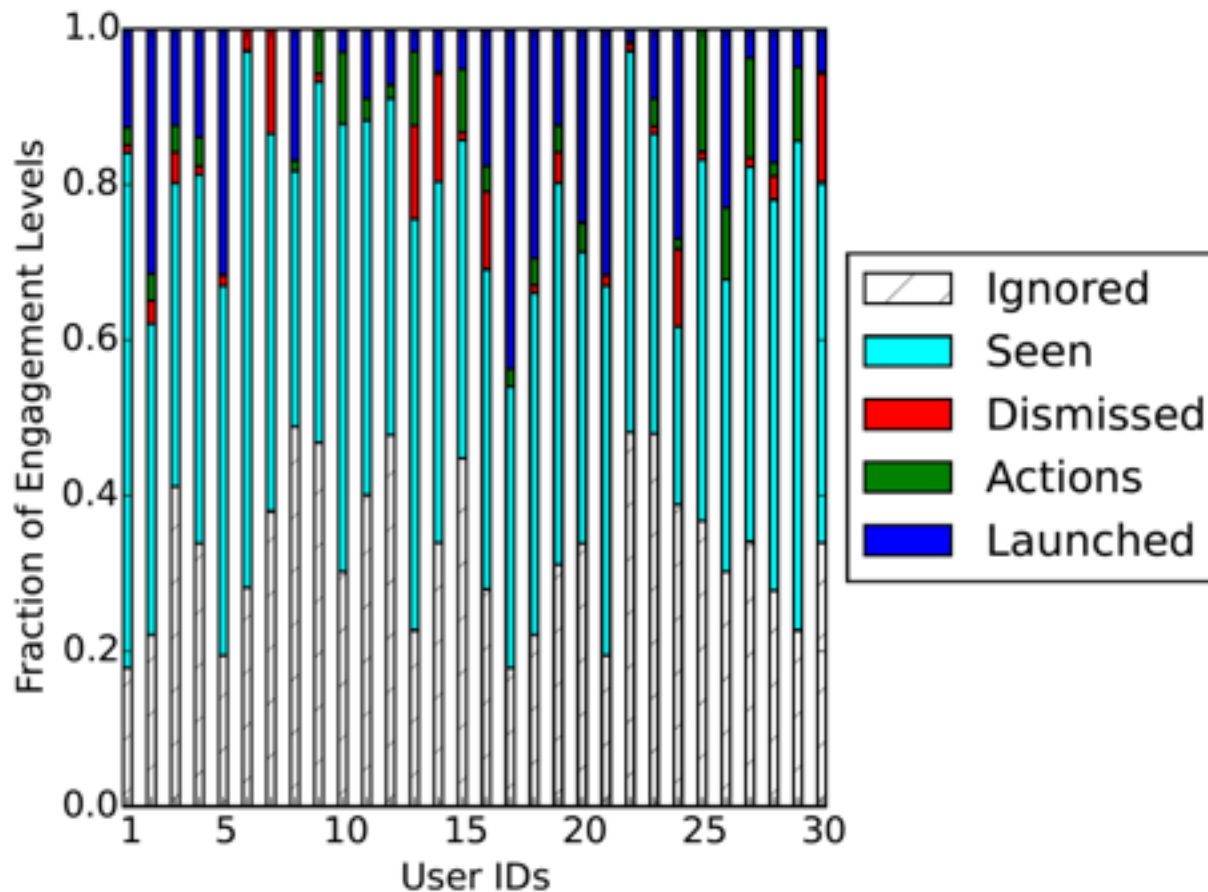
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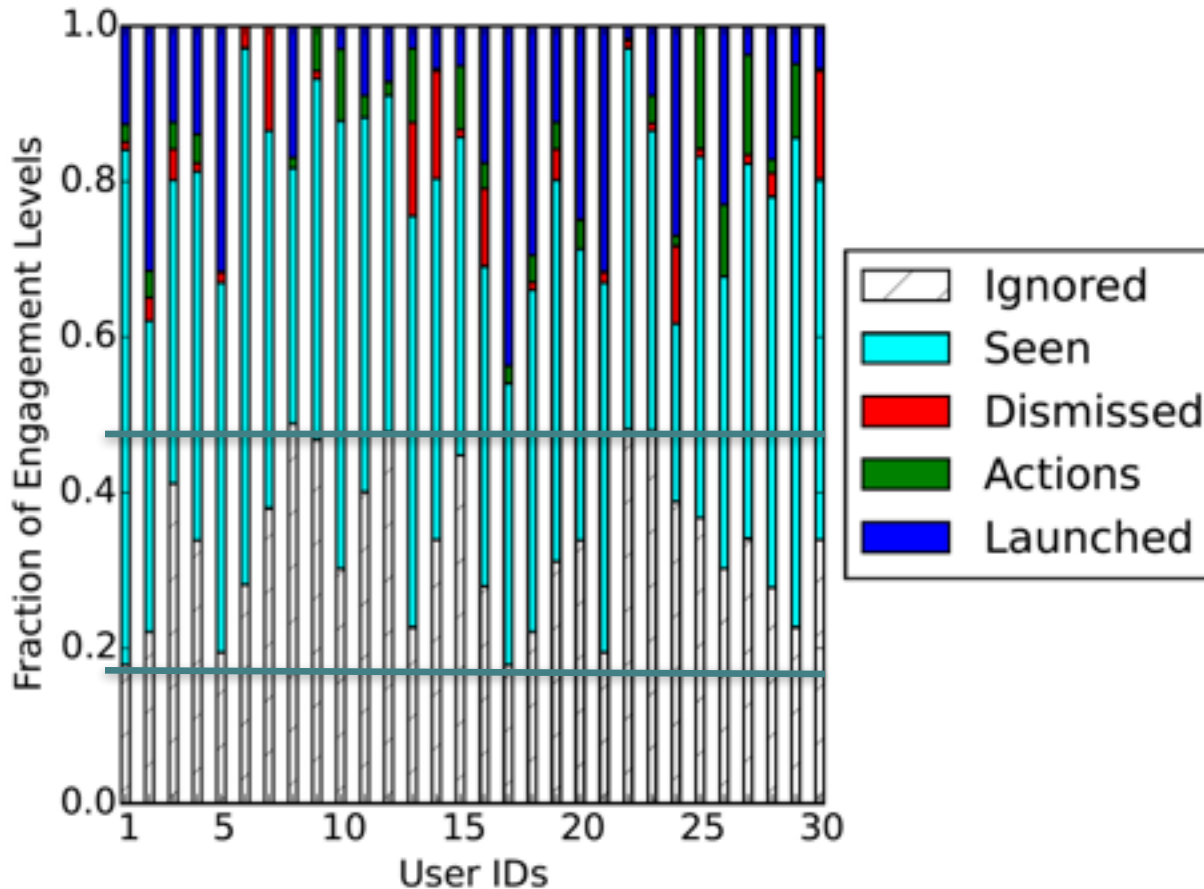
Opens notification drawer **~15 times/day**

Users ignore most notifications

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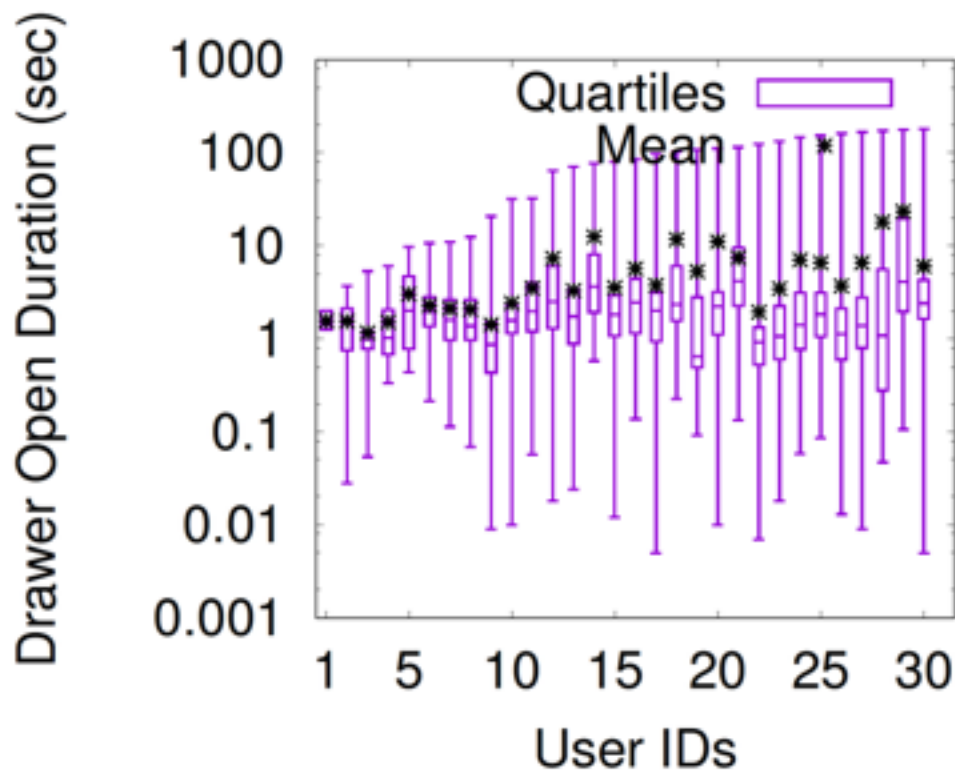
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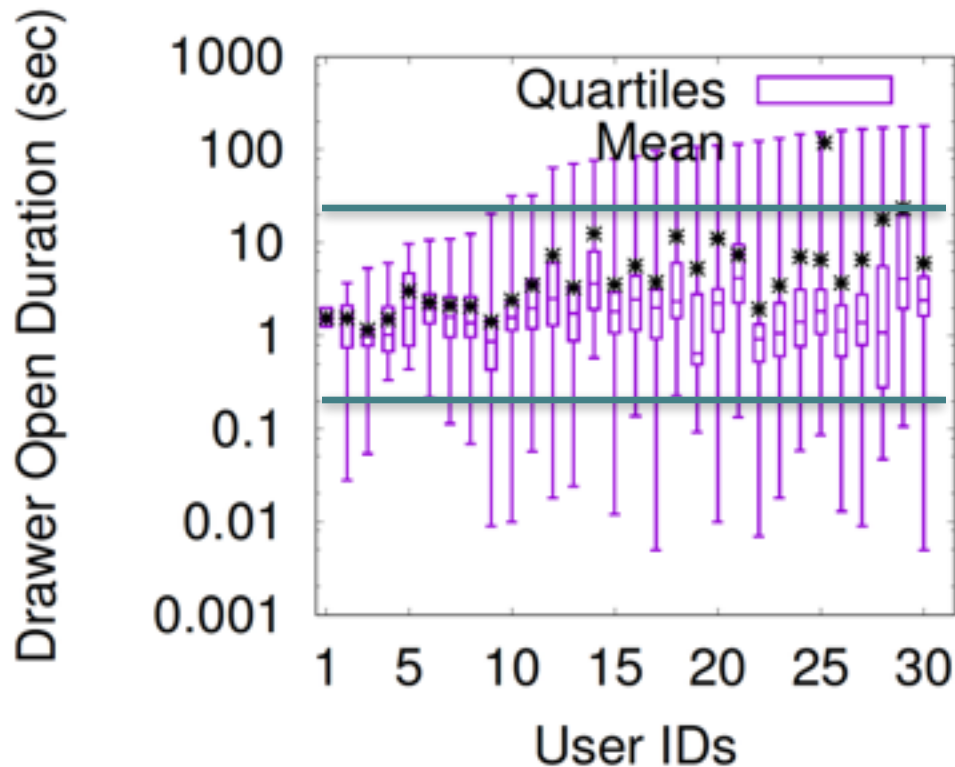
- Users tend to ignore **20-50%** of the generated notifications.
- Less than **20%** of these are causing app launch events.

Users have limited attention span

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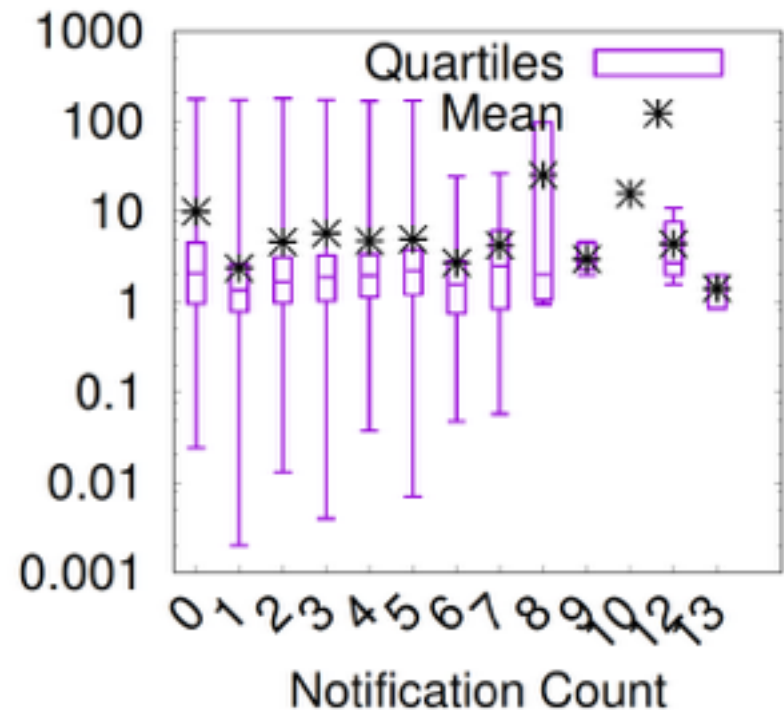
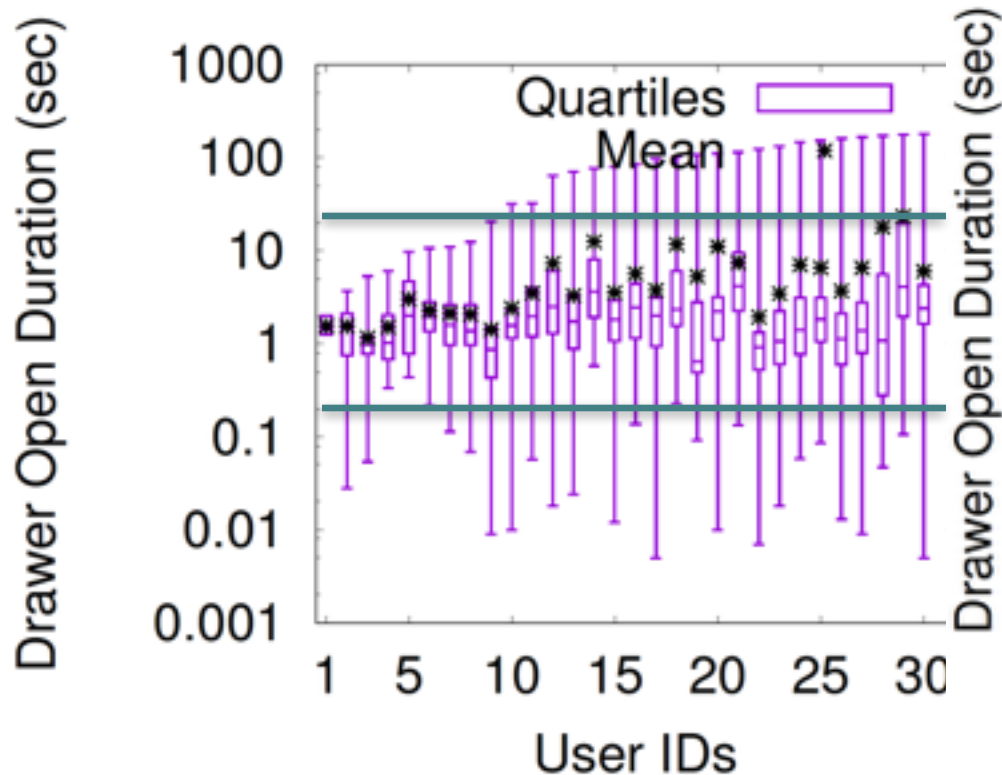


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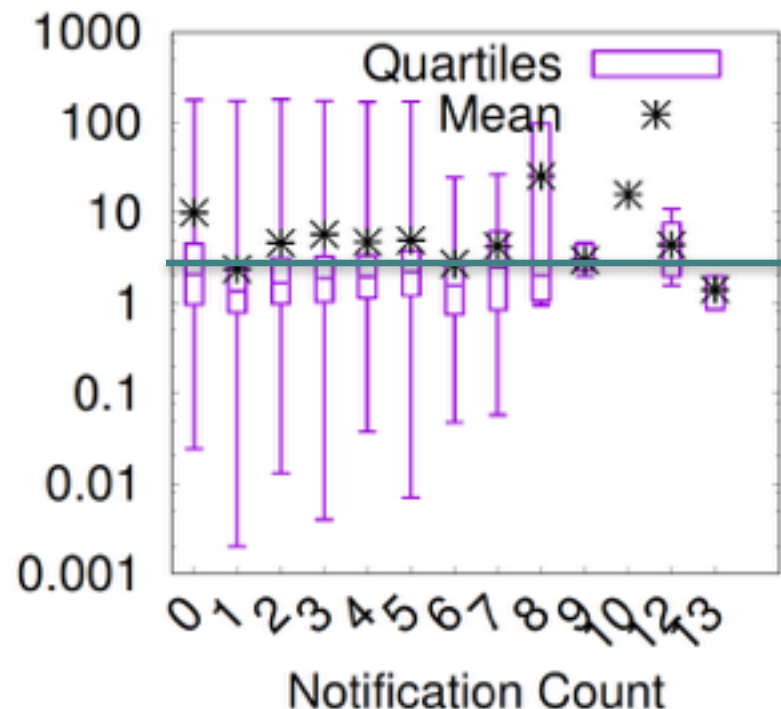
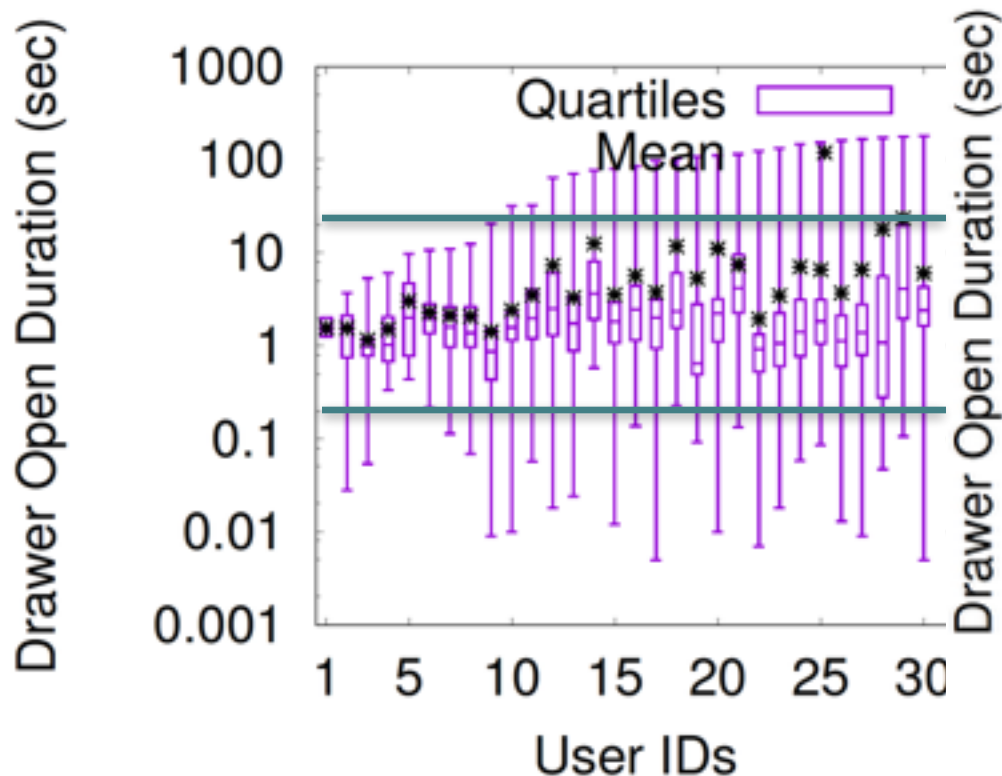
Takes **~1-20 seconds** within a notification drawer session

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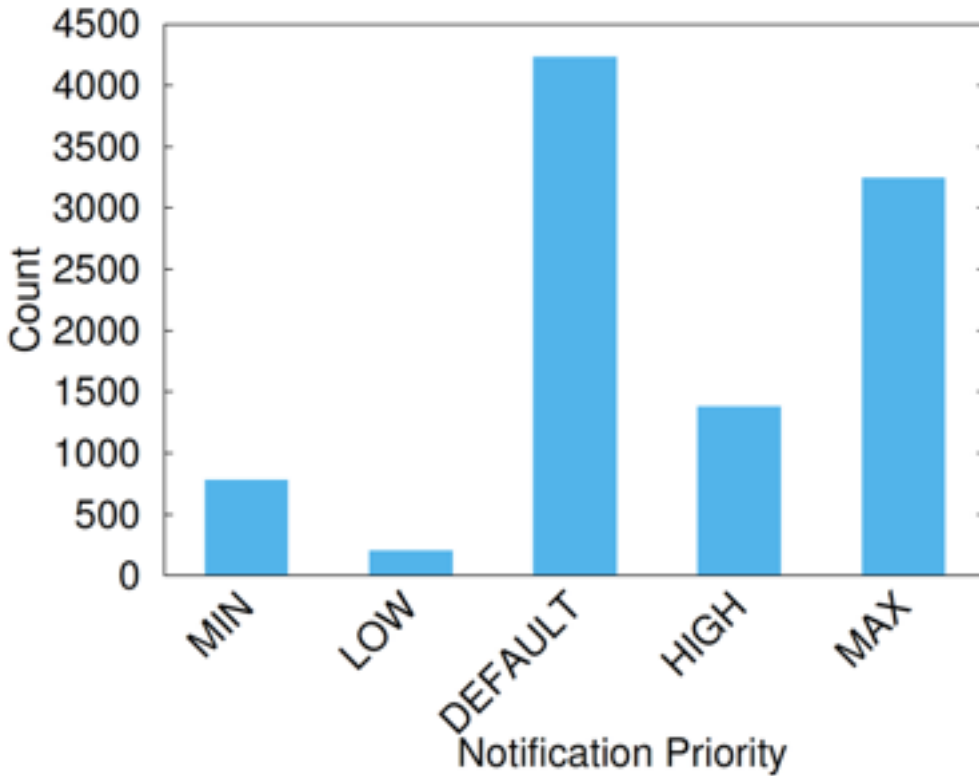


Takes **~1-20 seconds** within a notification drawer session

Attention span *does not vary* with number of notifications

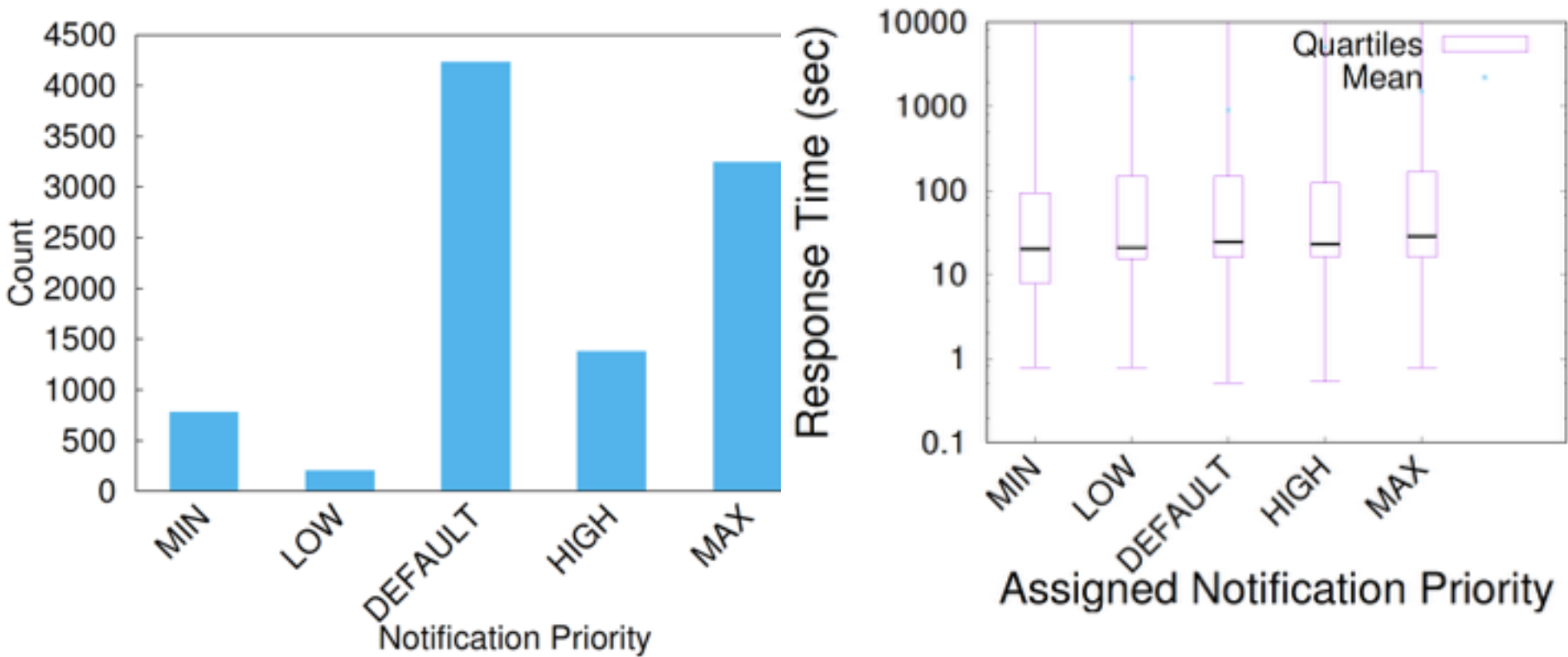
Apps fail to evaluate 'importance'

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Developers assign **Default or High Priority** to notifications

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Users' response time **almost constant**

Summary of Insights

- Users receive large number of notifications
- Users take action to prevent disruption
- Users ignore most notifications (20%-50%)
- Users have limited attention span (~10s)
- Apps tend to assign overly high priorities

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Correct **assessment of notification importance** is critical towards removing unwanted notifications and utilizing users' limited attention span

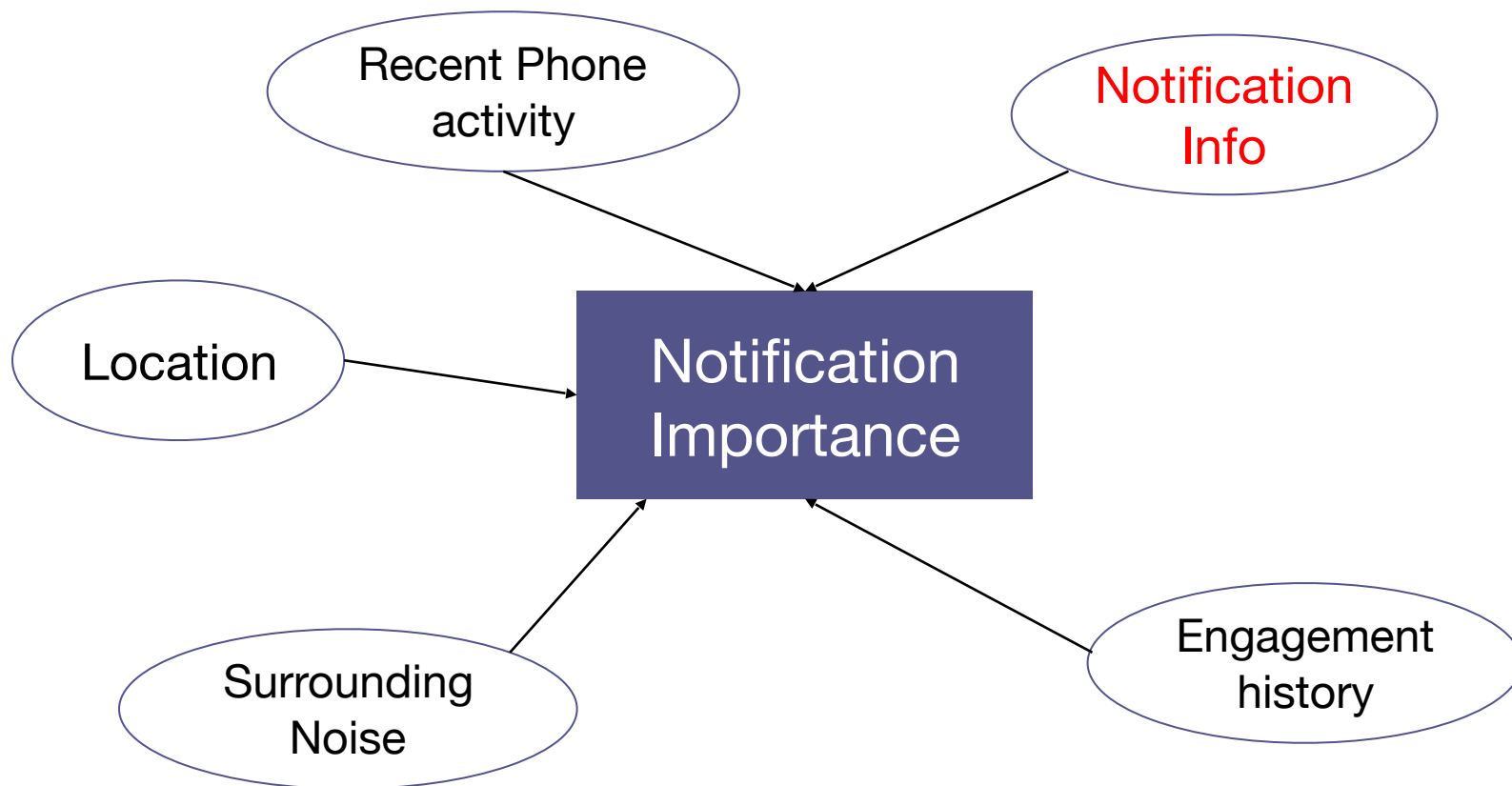
Predicting notification importance

- *Engagement level* as an indicator.

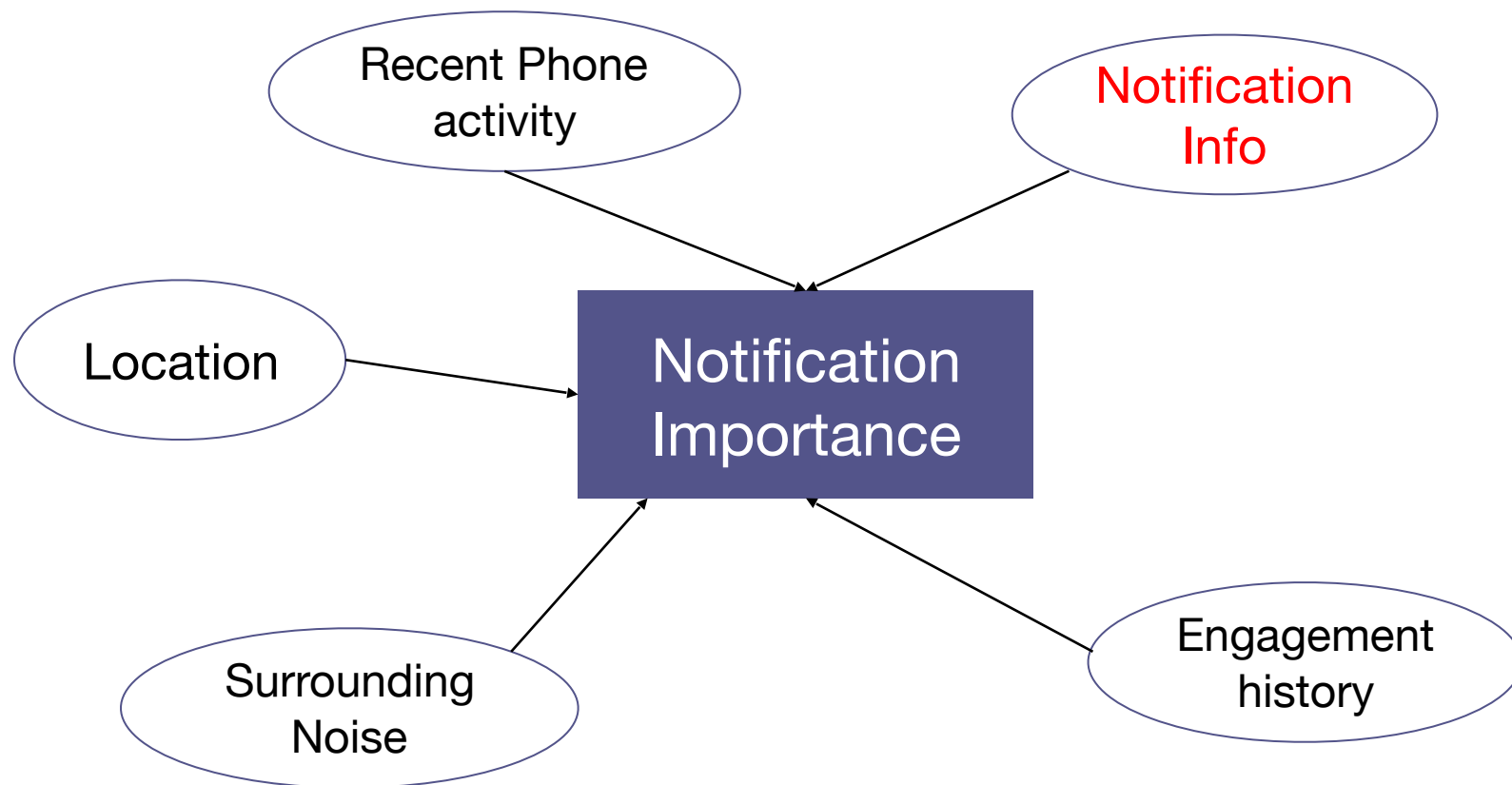
Predicting notification importance

- *Engagement level* as an indicator.
- Users engage with notifications in several ways :
 - Ignore
 - Read (e.g. notification drawer open)
 - Read and dismiss
 - Take some action (e.g. “Archive” or “Delete” a mail)
 - Launch an app

Predicting notification importance



Predicting notification importance

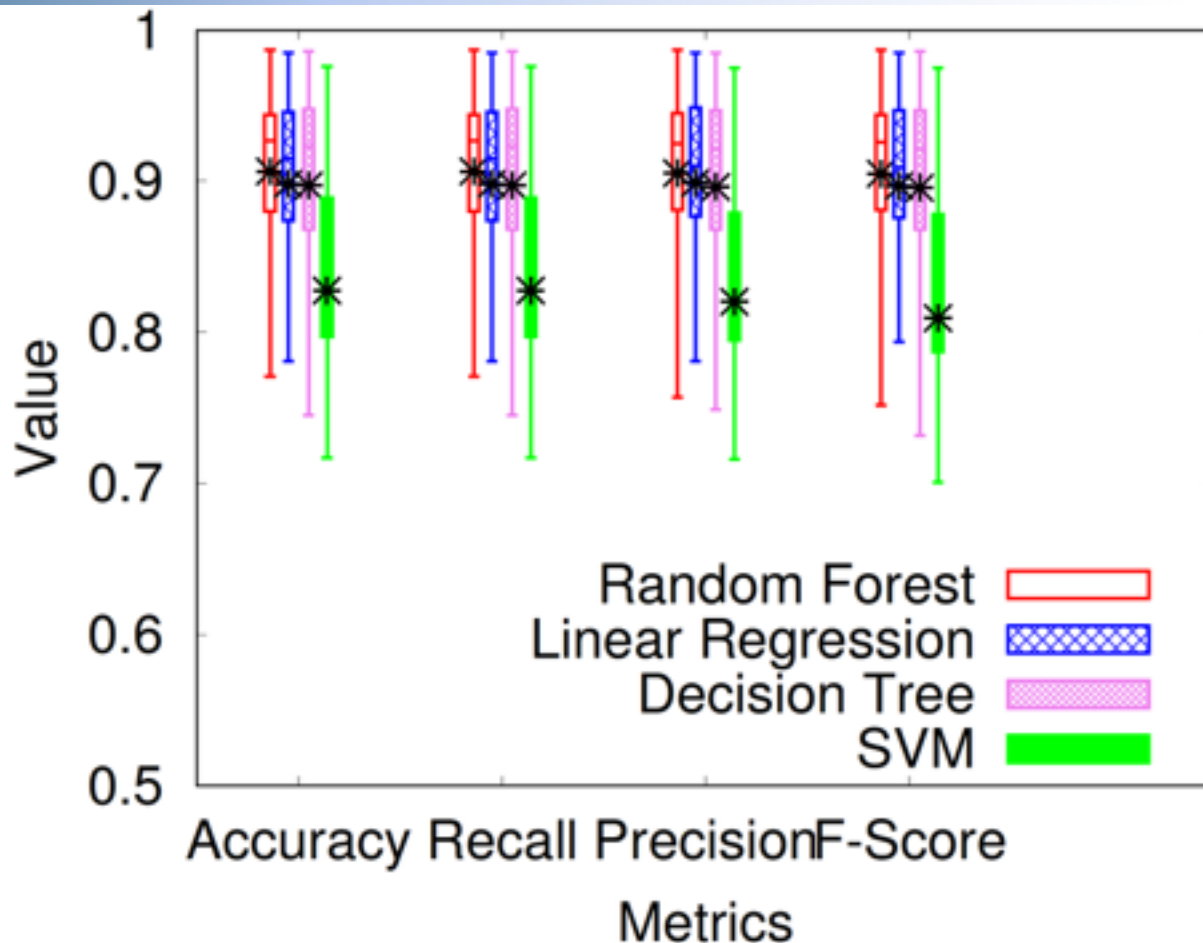


Binary classification : C4.5 Decision tree, Linear Regression, Random forest, SVM using **22 features**

Feature Ranking

- Application name of notification
- Temporal features related to interaction (e.g. notification post time, clear time etc.)
- Hour of the day
- Notification title
- Ringer mode of the phone
- Weekend status
- Location cluster etc.

Evaluating a personalized predictor

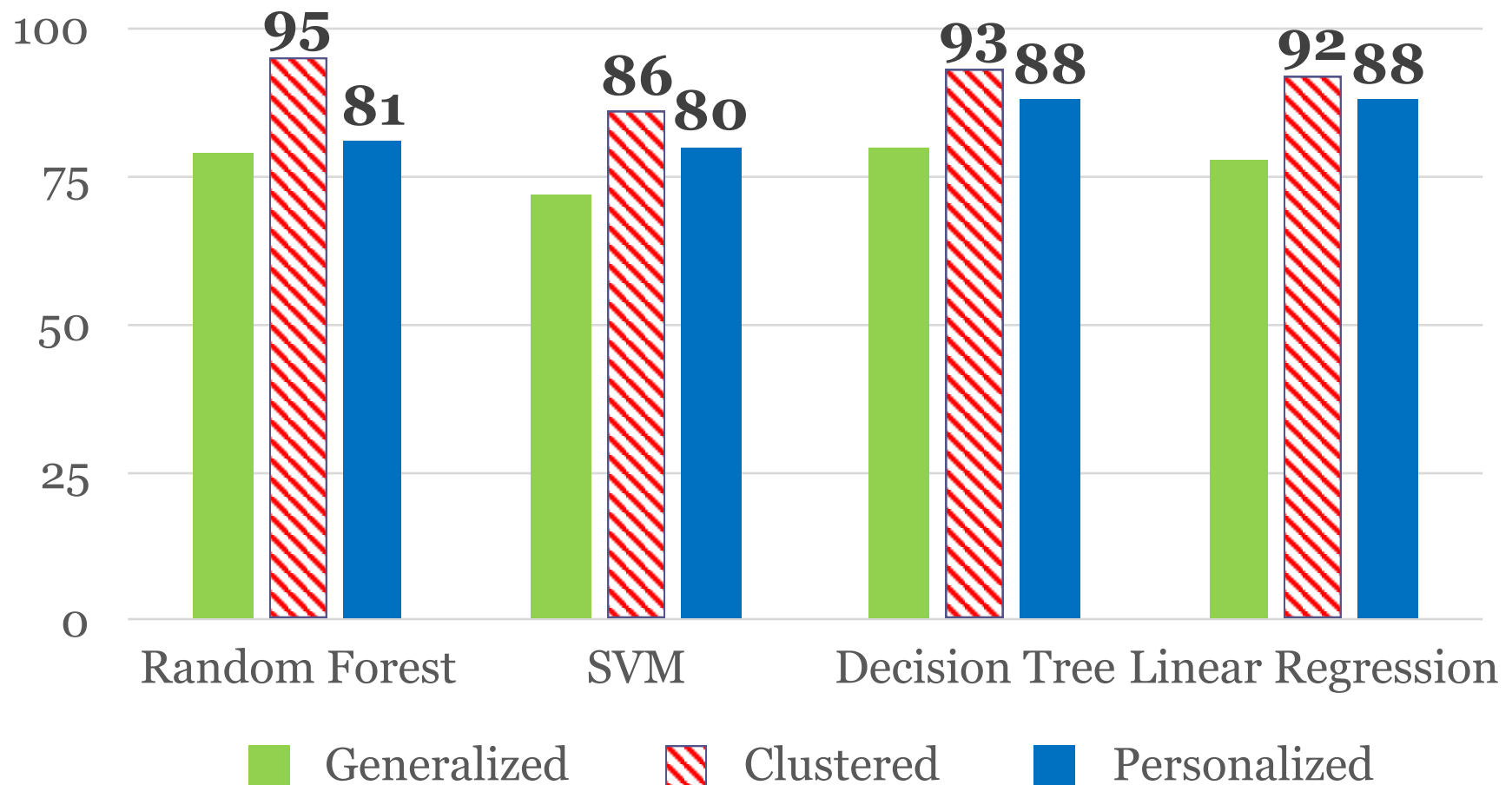


Results shown on 10-fold cross validation (ground-truth via explicit feedback) and can achieve ~**87% accuracy**

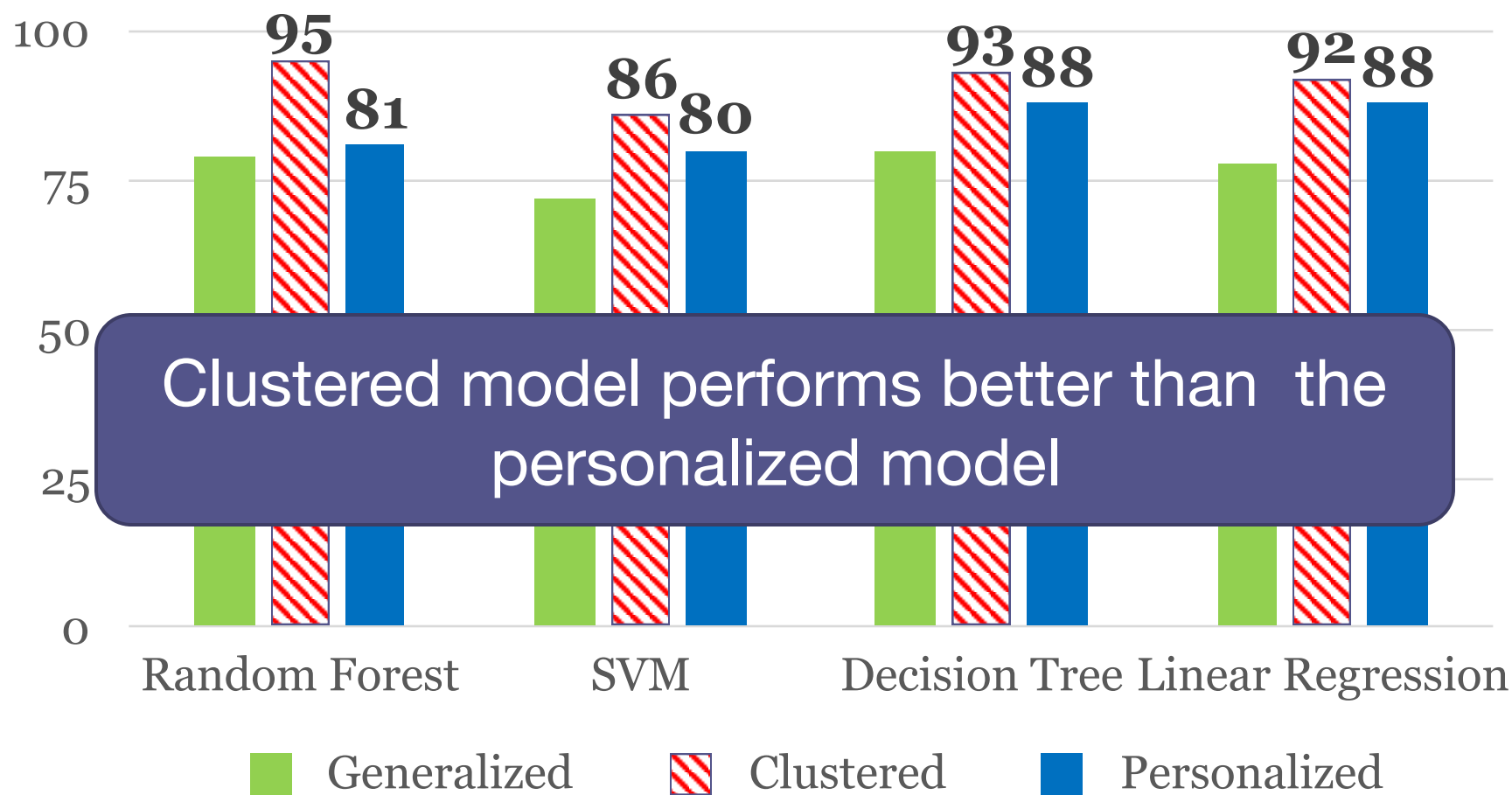
Generic v Personalized v Clustered

- A generic model trained on a subset users' data and predict the rest.
- 10-fold cross validation on personal data of each users.
- Cluster users based on **#applications used, #unique locations visited ...** Predict within cluster.

Generic v Personalized v Clustered



Generic v Personalized v Clustered



Clustered model performs better than the personalized model

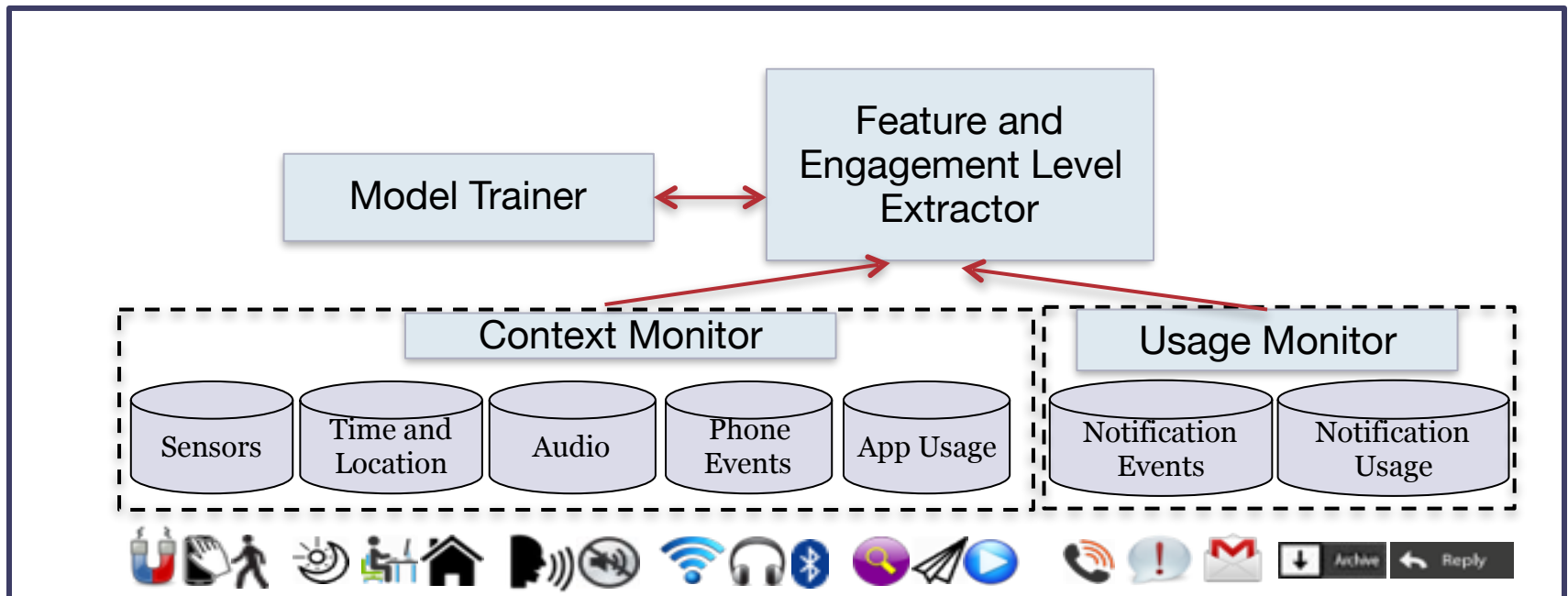
A smarter notification manager

SmartNotify

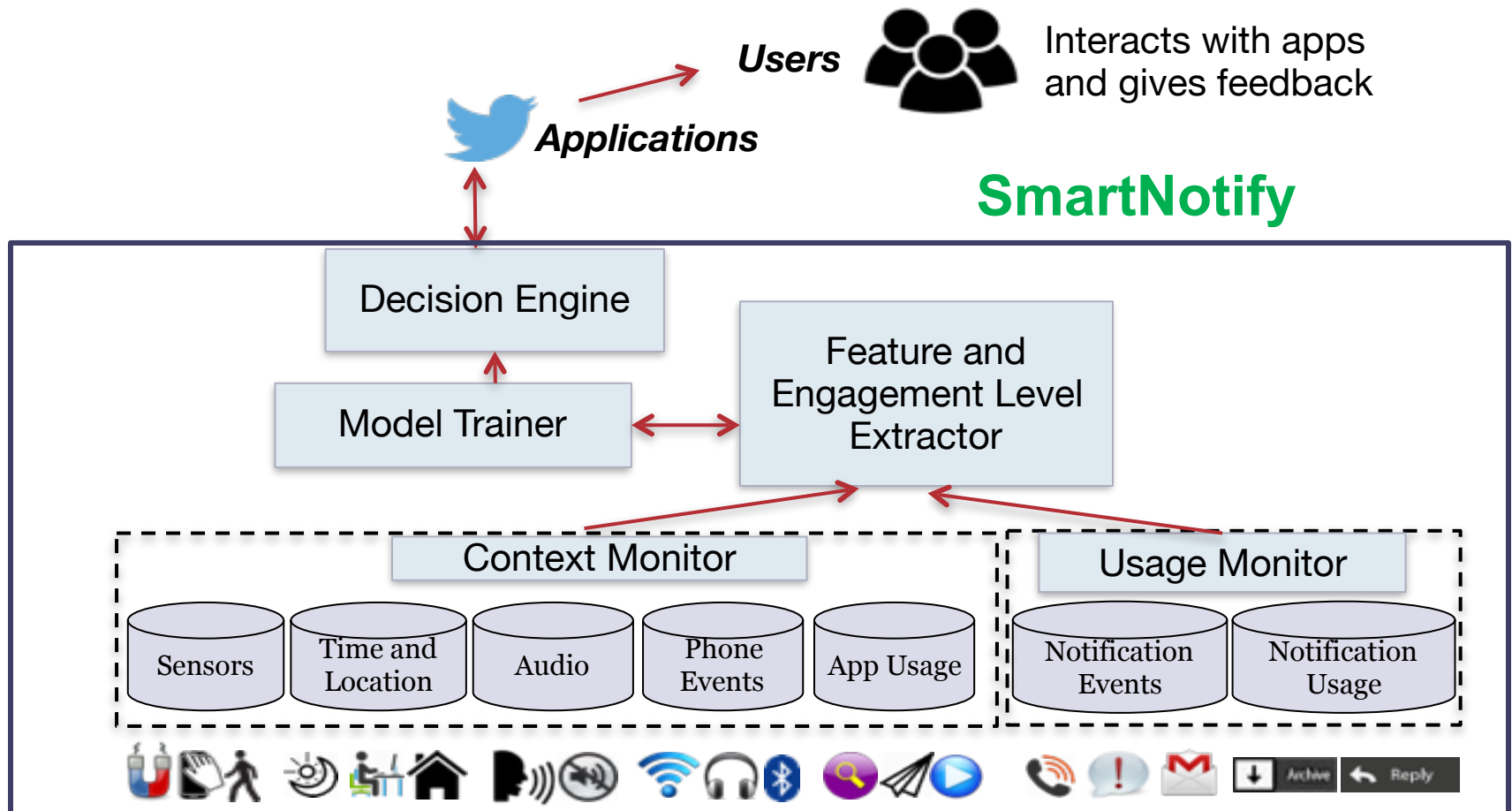


A smarter notification manager

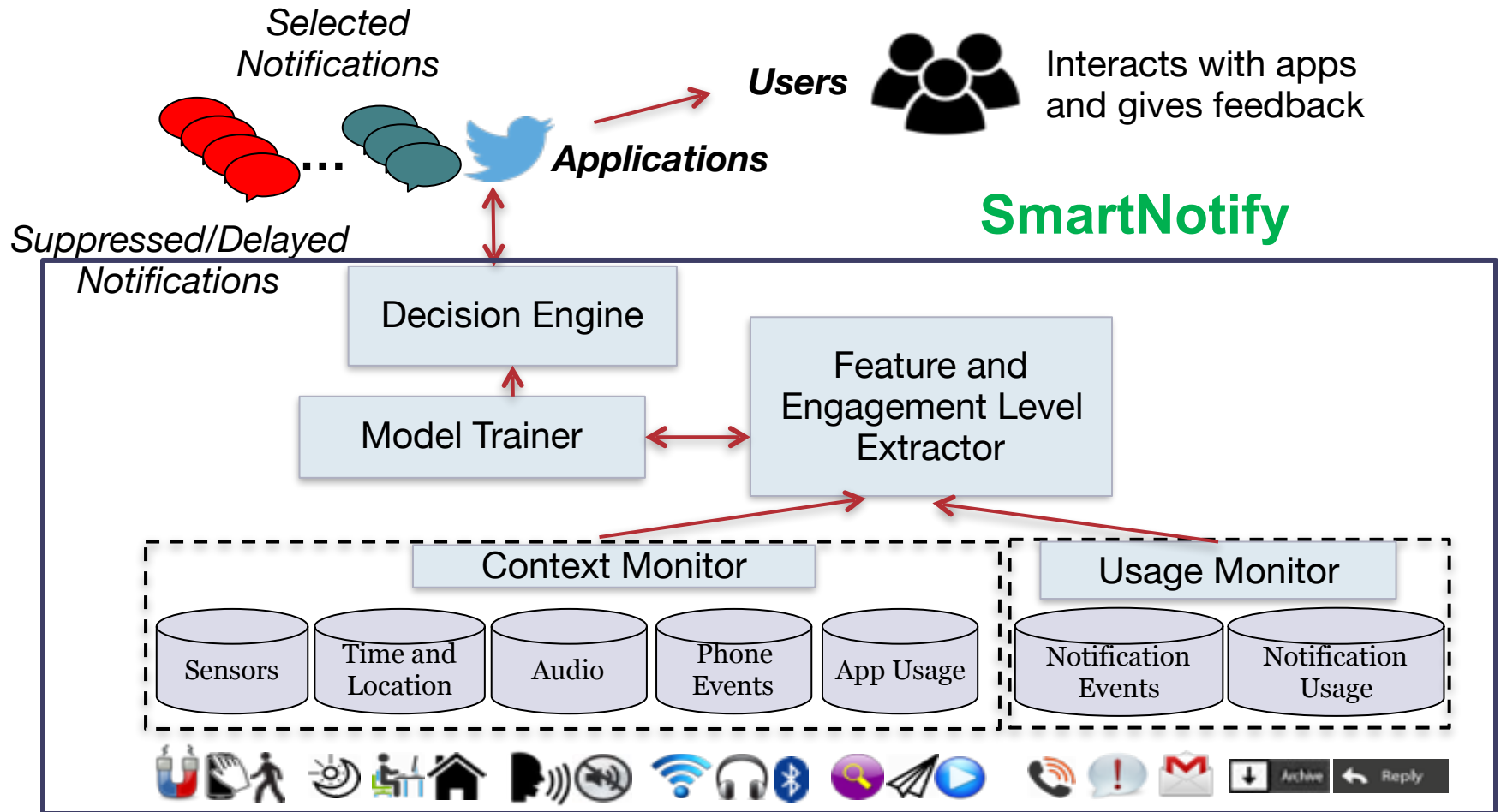
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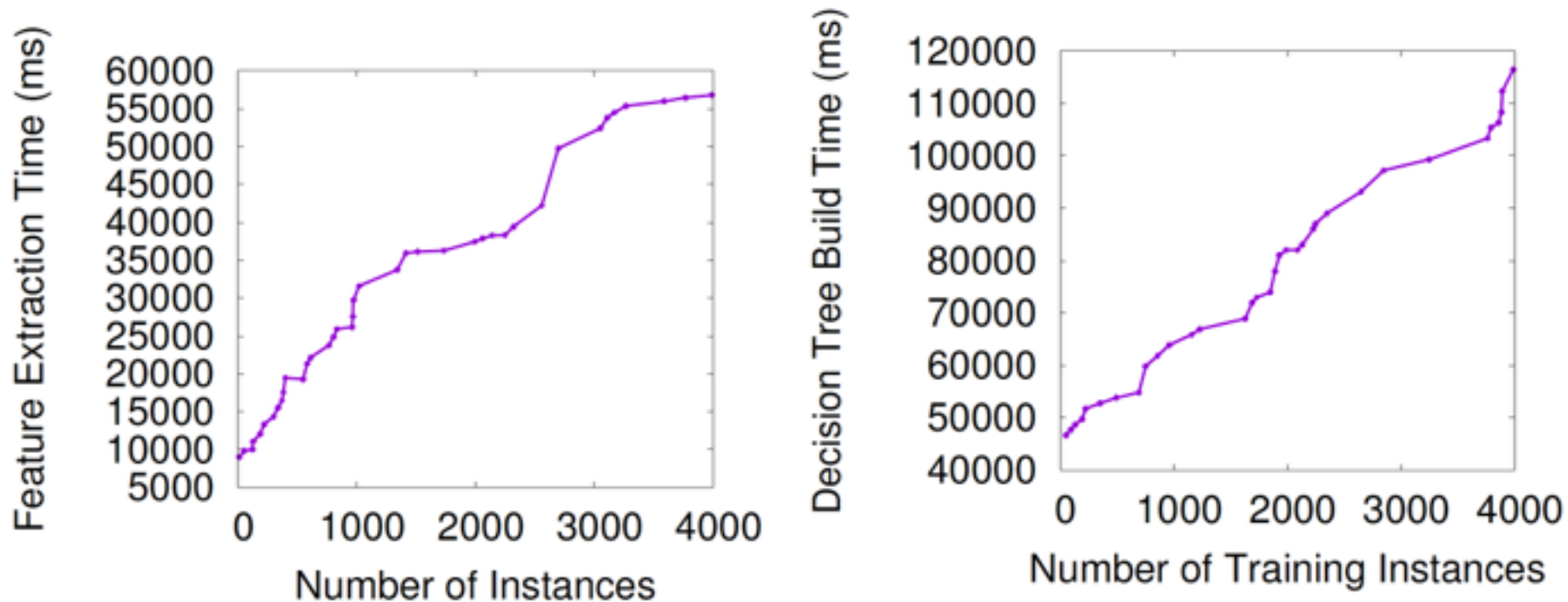


Notification manager performance

- Used Weka based C4.5 decision tree for model training and *InterruptMe* library.

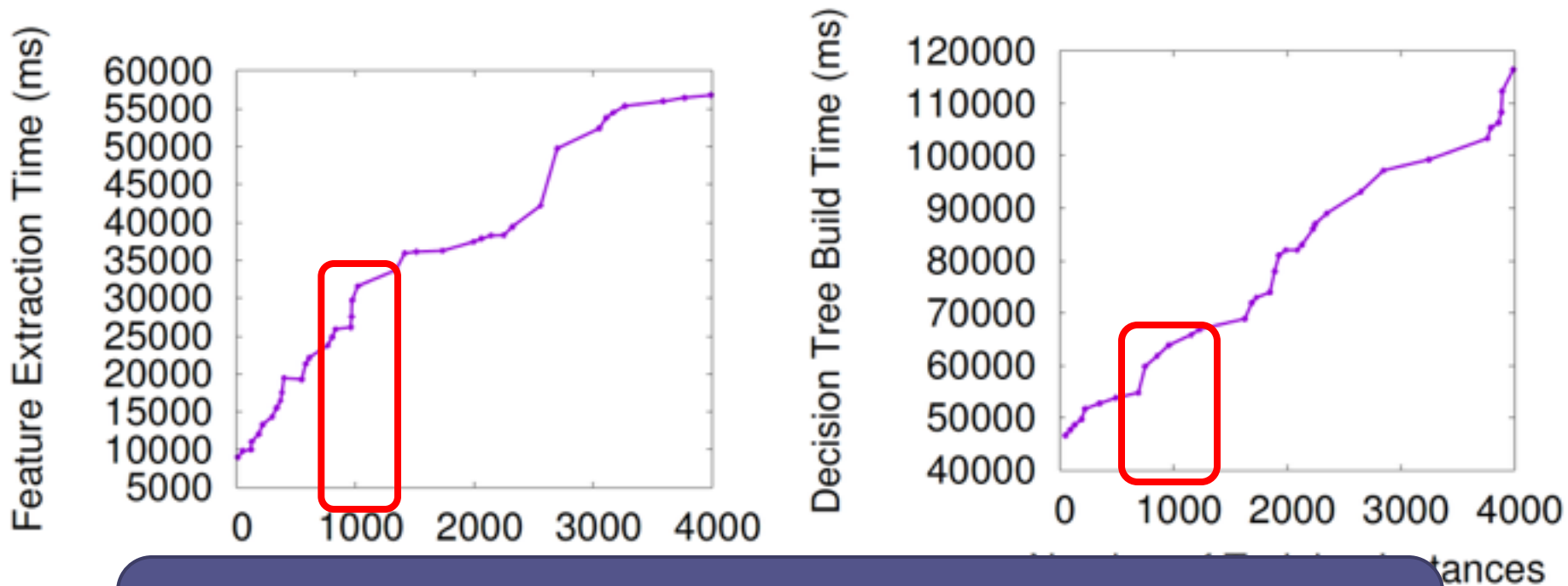
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Feature extraction ~10s for and Tree building
~50s for 1000 instances

Conclusion

- Users are getting disrupted by notifications
- Can *suppress* unwanted notifications if we can predict *user's engagement level*
- Implemented a *smarter* notification manager which can predict notification importance with *~87% accuracy*

Future works

- A first step toward understanding *micro user interaction* with notification.
- Prediction model can be used to decide *display order* or *modality* of notifications *across multiple devices*

Thank you & any question ?

Codes for data collector apps:

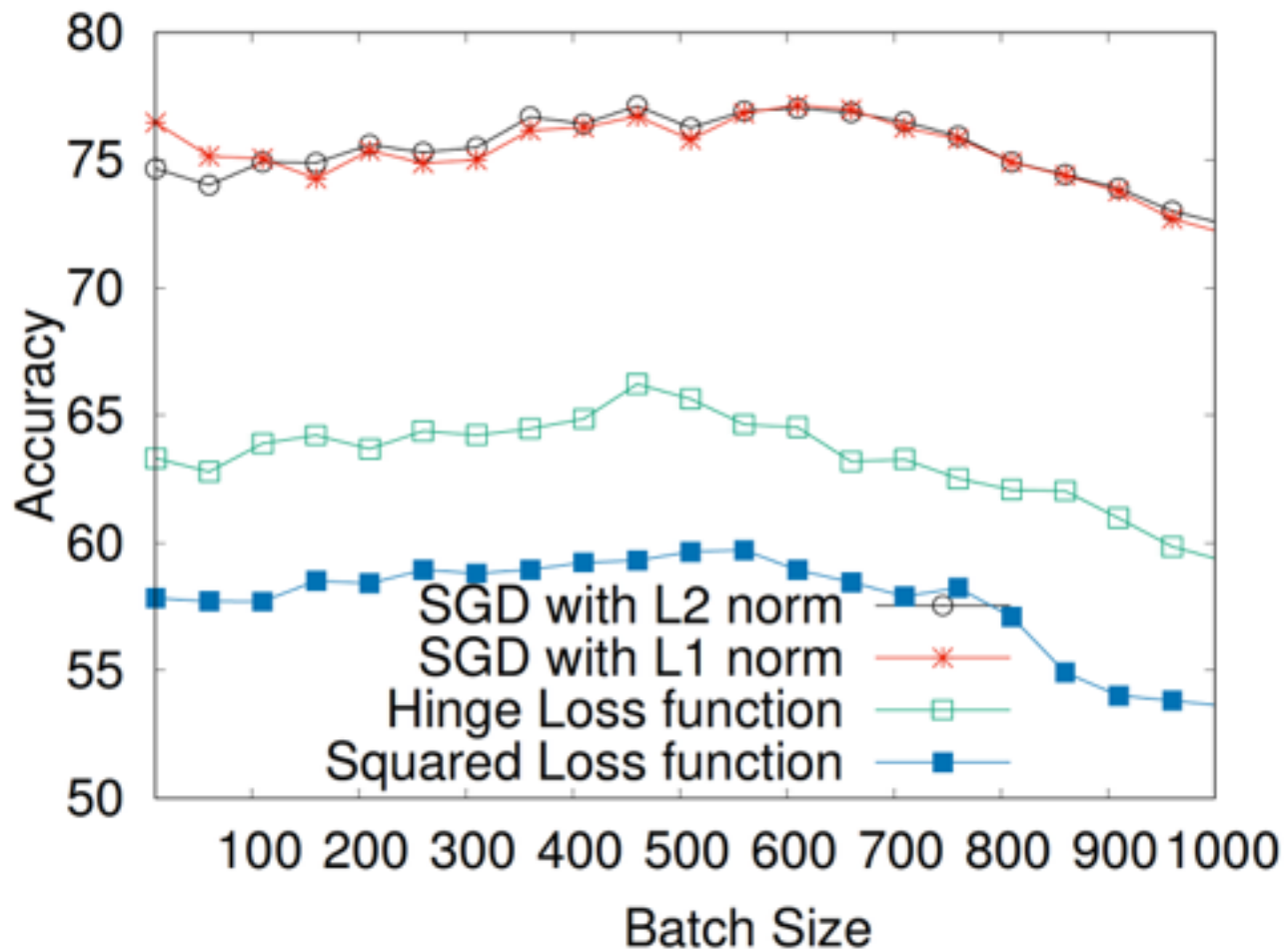
<https://bitbucket.org/swadhinp/notifbase>

<https://bitbucket.org/swadhinp/snotify>

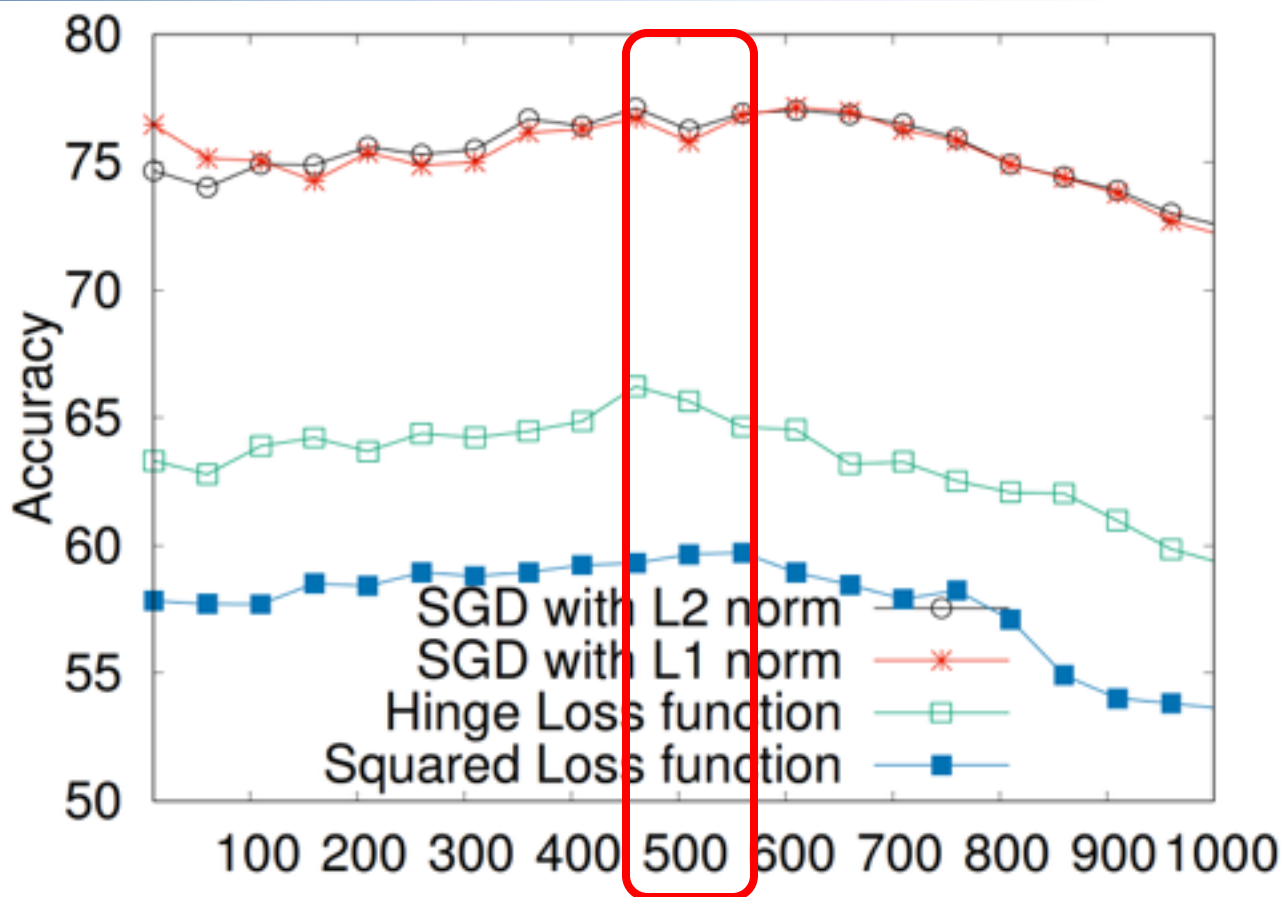
Google Play: <https://play.google.com/store/apps/details?id=org.swadhin.app>

Extra

Online learning based prediction



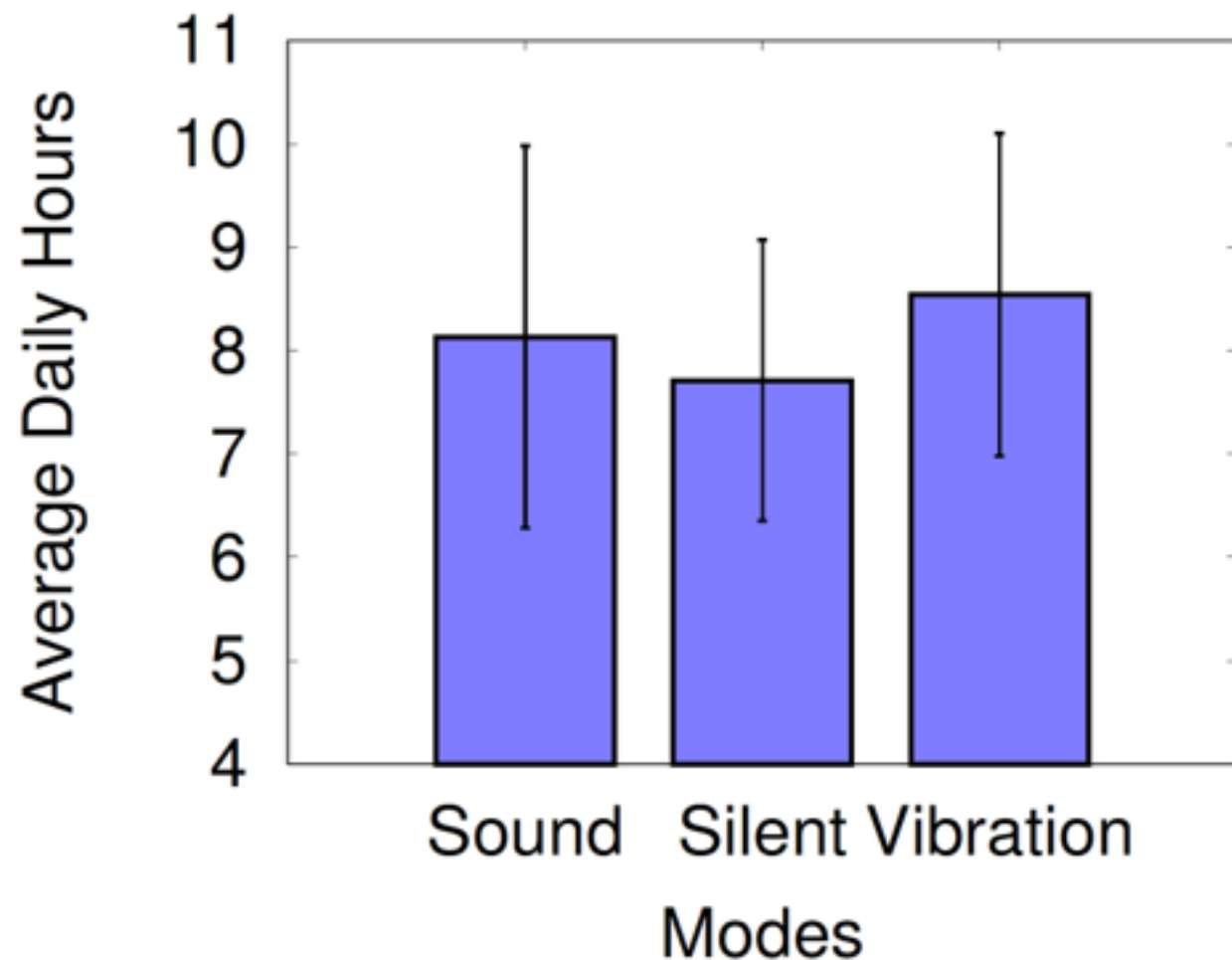
Online learning based prediction



Stochastic Gradient Descent with L2 norm gives best performance and stabilizes with 500 batch size

How do users avoid disruptions ?

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Setting their devices to **silent** or **vibrating** mode